



CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities

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|  | <div>Estd. 1965</div> <div>NAAC Reaccredited Grade B+ with CGPA 2.71</div> |
| <p>Bharatiya Seva Sadan's Smt. Radhadevi Goenka College for Women Junior, Senior & Postgraduate Multi Disciplinary College Affiliated to Sant Gadge Baba Amravati University, Amravati . (M.S.) (Certified Minority Institution)</p> | |
| <p><u>CERTIFICATE</u></p> | |
| <p>This is to certify that the documents attached in Criterion III Research Innovations & Extension are verified and found correct to the best of my knowledge.</p> | |
| <p> Dr. Devendra Vyas Principal PRINCIPAL Smt. Radhadevi Goenka College For Women, AKOLA.</p> | |
| <p>Jr. College - Index 01.01.007 UDISE - 27050117185 College Code - 207</p> <p>Near Neheru Park, Murtijapur Road, Akola 444001</p> <p>0724 245 0905 info@rdgakola.ac.in rdgakola.ac.in</p> | |

2016-2017



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उद्घाटक : डॉ. एम.एम. राठी आणि डॉ. कैलास मुरारका

हृदयरोग व मधुमेह
डॉ. प्रशांत जगताप
 प्रसिद्ध हृदयरोगतज्ञ, नागपूर

हॅलो डायबेटीस
डॉ. सुनील गुप्ता, मधुमेहतज्ञ
 व चमू, नागपूर

आयाम : डॉ. कल्याणी पद्मने ■ आहार प्रदर्शनी : डॉ. कल्पना पाटणकर व चमू धरमपेठ म

प्रमुख आकर्षण : नाटक साखर डोह सादरकर्ते : मधुगंध गृप, अकोला

सुत्रधार व लेखन गीत संगीत संयोजन तबला संगत

थोते सौ. आशाताई खोकले, श्री. बाळकृष्ण उखळकर प्रा. श्रीकिशनजी जयस्वाल श्री घनश्याम कस्

मधुमेह कीर्तन : श्री अविनाश परलीकर ■ मधुमेह भारुड : श्री. प्रा. निनाद कु

: सौ. कल्याणी पद्मने, सौ. माधवी उखळकर, सौ. संगीता जोध, प्रा. वंदना मोरे, डॉ. वर्षा देशपांडे,
 डॉ. साधना लोटे, श्री. रामचंद्र हरकरे, श्री. कमल गिरी, श्री. अनिल राजनकर, श्री अभय होले, डॉ. र

चर्चा सत्र व प्रश्नोत्तरे

संती थोते, डॉ. अनिता खंडेलवाल, डॉ. सदानंद भुसारी, डॉ. रविन्द्र तेलकर, डॉ. ज्
 डॉ. भारती राठी, डॉ. दीपक बोहरा, डॉ. अंजली राजवाडे, डॉ. रश्मि बजाव

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|--|--|---------------|--------------|----------------|------------|---------------------|------------|---------------------|------------|---------------------|------------|--------------------|------------|------------------|--------------|-----------|------------|
| <p>नोंदणी शुल्क : फक्त ₹ ५०/-</p> <p>: ल, उस्मान आझाद शाळेमागे, रतनलाल प्लॉट, अकोला ी लॅब, रतनलाल प्लॉट चौक, अकोला क, गौरक्षण रोड, अकोला िजिंग सेंटर, अमानखाँ प्लॉट, अकोला राणीया हॉस्पिटल, आळशी प्लॉट, अकोला िस्पिटल, जयहिंद चौक, जुने शहर, अकोला पटल, गड्डम प्लॉट, अकोला</p> | <p align="center">अधिक माहिती संपर्क</p> <table style="width: 100%;"> <tr> <td>थोते हॉस्पिटल</td> <td>0724 2414340</td> </tr> <tr> <td>श्री. अभय होले</td> <td>9326011189</td> </tr> <tr> <td>श्री. सुरेश हनुमंते</td> <td>7507577728</td> </tr> <tr> <td>श्री. रामेश्वर भिसे</td> <td>9763029819</td> </tr> <tr> <td>श्री. प्रमोद गावंडे</td> <td>9421893411</td> </tr> <tr> <td>श्री. पद्माकर काळे</td> <td>9822023078</td> </tr> <tr> <td>तीर्थकर हॉस्पिटल</td> <td>0724 2411437</td> </tr> <tr> <td>शोभा जाधव</td> <td>9922646182</td> </tr> </table> | थोते हॉस्पिटल | 0724 2414340 | श्री. अभय होले | 9326011189 | श्री. सुरेश हनुमंते | 7507577728 | श्री. रामेश्वर भिसे | 9763029819 | श्री. प्रमोद गावंडे | 9421893411 | श्री. पद्माकर काळे | 9822023078 | तीर्थकर हॉस्पिटल | 0724 2411437 | शोभा जाधव | 9922646182 |
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| शोभा जाधव | 9922646182 | | | | | | | | | | | | | | | | |

मोप
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निबंध स्पर्धा : 'मधुमेह माझ्या अनुभवातला' (शब्द मर्यादा ६००) दिनांक २०/८/२०
 निबंध नोंदणीच्या ठिकाणी द्यावेत. प्रथम तीन क्रमांकांना रोख पारितोषिक व अन्य तीन उ

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| विनीत | | | |
| थोते श्री. अभय होले | डॉ. अनिता खंडेलवाल | डॉ. वर्षा घाटे | डॉ. उत्पला मुळावकर |
| सचिव | एन्डोक्रायनॉलॉजिस्ट | अध्यक्ष | सचिव |

Dr.Rajwade-Expert for Diabetes Awareness Workshop



Media Coverage for Diabetes Awareness Program

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Diabetes awareness programme on 28th

■ District Correspondent
AKOLA, Aug 19

THE women's wing of Indian Medical Association (IMA) and Madhumeha Modem Foundation (MMF) will jointly organise a diabetes awareness programme - 'Manoranjantun Arogya Shikshan' for not only diabetes patients but also for disease-free and common people on August 28 at Maheshwari Bhawan here, informed Dr Vasanti Thote, President of MMF in a press conference held at IMA hall, the other day.

The one day diabetes check-up camp and awareness programme will be inaugurated by Dr MM Rath and Dr Kailash Murarka in the presence of Dr Prashant Jagtap, noted Cardiologist from Nagpur and Dr Sunil Gupta, Diabetes Specialist from Nagpur.

Dr Kalyani Padmane will be giving tips of yoga and exercises to live a healthy and fit life to the delegates. A diet exhibition will be organised by Dr Kalpana Patankar and her team from Dharampeth College, Nagpur, during the camp, pointed out Dr Thote. In the afternoon session, 'Sakhar Doh' a one-act play will be performed by local artists to create awareness among people regarding the menace of diabetes. The idea of the play is the brain



Dr Vasanti Thote addressing the press conference while Dr Murarka, Dr Chiraniya, Dr Khandelwal and others look on.

child of local Madhugandh group and Dr Thote.

It is written by Asha Khokale and Balkrushna Ukhalkar and is directed by Raju Ukhalkar. A *Madhumeha kirtan* will be performed by Avinash Paralikar while Madhumeha Bharud will be performed by Prof Ninad Kulkarni, said Dr Utpala Mulawkar. Kalyani Padmane, Madhavi Ukhalkar, Sangeeta Jodh, Vandana More, Dr Varsha Deshpande, Prof Vilas Patil, Dr Sadhana Lote, Ranchandra Harkare, Kamal Giri, Anil Rajankar, Abhay Hole and Dr Thote will be exhibiting their acting skills on the occasion, added Mulawkar. Dr Thote, Dr Anita Khandelwal, Dr Sadanand Bhusari, Dr Ravindra Telkar, Dr Jugul Chiraniya, Dr Bharati Rath, Dr Deepak Bohra, Dr Anjali Rajwade and Dr Rashmi Bajaj will be clearing the doubts, queries

and questions raised by the patients and people regarding diseases like diabetes, thyroid etc, informed Dr Mulawkar.

Free blood-sugar test will be done on that day while lipid profile, HbA1C and TSH tests will also be done on the occasion. The organisers have appealed people of the region to register their names as early as possible at Thote hospital, Tirthankar hospital, Ghate lab, Khandelwal Imaging centre, Bhusari hospital, Ghate hospital and Chiraniya hospital. Along with Dr Thote, Dr Mulawkar, Dr Anita Khandelwal, Dr Warsh Ghate, Dr Kailash Murarka, Dr Sangeeta Gurudasani, Dr Jugul Chiraniya, Abhay Hole and Padmakar Kale interacted with the scribes in the conference. Scribes from various dailies attended the conference in large numbers.



Hitwada 20.8.16

Media Coverage for Diabetes Awareness Program

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Dr.Rajwade-Resource Person-Marwadi Mahila Sangha

 **"THE AKOLA OBS & GYN. SOCIETY"** 

ROTARY CLUB OF AKOLA MID-TOWN
(&)
IMA, AKOLA


ANNOUNCES THE CLOSING CEREMONY OF
"WOW FESTIVAL" (WOMEN OF THE WORLD)

ON 12TH MARCH (SUNDAY) AT IMA HALL.
TIME :- 9 AM TO 12 PM.

THIS CEREMONY WILL BE DELIGHTED BY
FOUR ICONIC WOMEN PERSONALITIES



SCHEDULE

| | | |
|--|---|---|
| 9 AM – 9:20 AM | – | INAUGURATION |
| 9:25 AM – 9:45 AM | – | "WOMEN AS REAL WORLD CLASS LEADERS" |
| <u>SPEAKER :-</u> MRS. MUKTA PILLAY (PRINCIPAL SOS, AKOLA) | | |
| 9:50 AM – 10:10 AM | – | "PREVENTION OF CERVICAL CANCER" |
| <u>SPEAKER :-</u> DR. MRS. APARNA WAHANE (HOD OBGY, GOVT. MEDICAL COLLEGE, AKOLA) | | |
| 10:15 AM – 10:35 AM | – | "WOMEN EMPOWERMENT IN MODERN INDIA" |
| <u>SPEAKER :-</u> MRS. NEETA NAIR (PRINCIPAL – PODAR INTERNATIONAL SCHOOL, AKOLA) | | |
| 10:40 AM – 11 AM | – | "NOURISHING HEALTH NUTRITIONALLY" |
| <u>SPEAKER :-</u> DR. ANJALI RAJWADE (PRINCIPAL- RDG, WOMEN'S COLLEGE, AKOLA) | | |
| 11 AM | – | PRIZE DISTRIBUTION CEREMONY OF ESSAY COMPETITION. |



Dr. Rajwade-Resource Person at IMA Akola

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 **"THE AKOLA OBS & GYN. SOCIETY"** 

DR. ANKUSH AJMERA (SECRETARY) **DR. BHARATI RATHI** (PRESIDENT) **DR. MONEY VIRWANI** (SECRETARY)

ROTARY CLUB OF AKOLA MID-TOWN

RTN. H. KATARIA (SECRETARY) **RTN. A. CHANDAK** (PRESIDENT) **RTN. N. MALPANI** (SECRETARY)

(&)

IMA, AKOLA

DR. J. CHIRANIA (SECRETARY) **DR. K. MURARKA** (PRESIDENT) **DR. K. PACHKOR** (SECRETARY)

PRESENTS

"WOMEN OF THE WORLD (WOW) FESTIVAL"

FROM 8/3/2017 TO 12/3/2017

PROGRAMMES

1) FREE RUBELLA VACCINATION :-

TIME :- 4 PM TO 6 PM 9 AM TO 12 NOON
PLACE :- RATHI HOSPITAL IMA HALL
DATE :- 8TH TO 11TH MARCH DAILY 12TH MARCH
AGE GROUP >= 9 YEARS GIRLS & NON-PREGNANT WOMEN.

2) ESSAY COMPETITION :-

TOPIC :- "BE BOLD FOR CHANGE" IN HINDI/MARATHI/ENGLISH
SIZE :- MAX. 5 FULL-SCAPE PAPERS.
Categories 1. CHILDREN STD. 6TH TO 12TH (<18 YEARS) 2. ADULTS (>18 YEARS)
ENTRY FEES :- RS. 50/- ONLY. FOR ADULT & FREE FOR CHILDREN.

LAST DATE OF SUBMISSION :- 10/3/2017 /5 PM.


- PLACE FOR SUBMISSION -

RATHI HOSPITAL, CIVIL LINES, AKOLA-01 VIRWANI HOSPITAL, CIVIL LINES, AKOLA-01

PRIZES :- THREE PRIZES IN EACH CATEGORY

1st - Rs. 1000/-, 2nd - Rs. 700/-, 3rd - Rs. 500/-.

FESTIVAL CONCLUSION ON —12/03/2017, PLACE :- IMA HALL, . TIME :- 9 AM TO 12 NOON...PROGRAMME FOLLOWS



Dr.Rajwade-Resource Person at IMA Akola

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
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Dr.Rajwade-Resource Person

॥ जय झुलेलाल ॥ पूज्य सिंधी जनरल पंचायत अंतर्गत (वर्ष २३ वा)

झुलेलाल महोत्सव समिती २०१७, अकोला

हरिश्चंद्र नारायण पारवानी अध्यक्ष | गौतम ज्ञानचंद वाघवानी सदस्य | अशोक बोधानी कोषाध्यक्ष

भव्य मधुमेह जांच-जागृती, त्वचारोग, हृदयरोग एवं नेत्रजांच शिबीर

मंगलवार, ता. २८ मार्च २०१७, सुबह ९ बजे से

स्थल - बाबा हरदासराम भवन, (बालक मंदिर) मेन रोड, सिंधी कॅम्प, अकोला

नेत्र जांच शिबीर

- डॉ. भावेश गुरदासानी
- डॉ. सचि वाधवानी
- डॉ. प्रशांत गुलवाड़े

मधुमेह शिबीर

- डॉ. वासंती थोते
- डॉ. सतीश वीरवानी
- डॉ. दीपक बोहरा (हृदयरोग तज्ञ)

शिबीर में आयें भाईयों और बहनों का ब्लड प्रेशर, ब्लड शुगर, बी.एम.आय. की जांच निःशुल्क की जाएगी।

त्वचारोग शिबीर


- डॉ. वैभव टापरे
- डॉ. नम्रता महाजन

आहार विशेषज्ञ


- डॉ. अंजली राजवाड़े
- डॉ. संगीता खेरडे
- आहार विज्ञान विभाग, आर.डी.जी. महाविद्यालय

विशेष आकर्षण


सभी भाई-बहन शिबीर में ही आयोजित **आहार प्रदर्शनी (DIET EXHIBITION)** देखने अवश्य पधारें !




डॉ. सुनील लुल्ला




डॉ. सुनील थावरानी



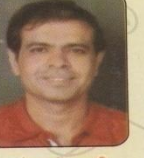
डॉ. हरीष बालानी



डॉ. सतीश माखीजा



विनोद चावला



सुरेश चंदनानी

डॉ. सुनील कन्हैयालाल लुल्ला (सभापती)

राजेश चावला, अशोक चंदनानी, कोमल चावला, पुनम मोटवानी, विजय मिरानी, पुजा मिरानी, पंकज हेमनानी, जय बुलानी, प्रमोद कृपलानी, दिलीप जगमलानी, श्वेता मुरजानी

Diabetes Awareness Exhibition

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Diabetes Awareness Exhibition Team

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2017-2018

RDG College Collaborates in Diabetes Awareness Workshop

Date 10 – Students & teachers of Home – Science in RDG College, Akola, participated in Diabetes Awareness Workshop at Akot. Excellent educational Nutrition Exhibition on Diabetes was organized by them, on the occasion, for general public. Students and teachers imparted nutritional counseling to the visitors. Stalls displaying models, posters, diet plans, ‘what to eat’ freely, ‘what’ in moderation & ‘what’ to avoid for diabetes in very eye catching manner were enthusiastically thronged by people at the workshop. Dr. Anjali Rajwade, HOD Home Science delivered a succinct talk on ‘Fight Against Diabetes’ through power point presentation and solved the queries about ‘Diabetes & Diet’ raised by the audience.

The one day workshop was organized by Akotaluka Chemists & Druggist Association, JCI Akot & MODEM Akola. Dr. Anjali Rajwade was ably supported by her colleagues Mrs. Zeenat Khan, Ms. Sonal Kame, Ms. Vrunda Bhagat, Ms. Monali Chauhan, the students Kiran Jade, Nayana Turkar, Neha Jaiswal, Sonali Dhote, Hema Kakde, Ritika Tayde, Harshada Deshpande, Rupali Deshmukh, Komal Bhardwaj, Madhuri Wadher, Priya Sharma, Ashwini Shahapure, actively worked for the success of the workshop and reaped rich benefits in terms of practical education & skill development training. The teachers & students owe their success at the workshop to the guidance of encouragement given by the President, Bharatiya Seva Sadan, Mr. Diliprajji Goenka, Vice-President Mr. Ravindrakumar Goenka, Secretary Mr. Alok Kumar Goenka & the Principal Dr. Devendra Vyas.

The workshop enabled RDG’s Home Science department in implementing fusion of Skill Development of Students with Extension Education activity for benefit of Society.

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Diabetes Awareness Exhibition at Akot

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Diabetes Awareness Exhibition at Akot



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Annexure-I

| S.N. | Name of the College with Address | Details of significant achievement at Regional Level on 10/09/2017 | Name of the students involved with details | Proof of the achievement such as certificate, photographs etc. | Remarks, If any |
|------|---|--|---|---|---|
| 1 | RDG College for Women, Akola. Near Nehru Park, Murtizapur Road, Akola - 444 001 (M.S). Ph.: (0724) 2450905, 2458748. | 1) The Program Students of Home Science Dept, of RDG College for Women, Akola actively participated in "Diabetes Public Awareness Workshop" organised by Chemists & Drugists Association of Akot Taluka, Jaycees Club of Akot and MODEM Akola; at Akot on Sunday 10 th September 2017. The under graduate and postgraduate students excelled in organising the Following : - 1. Nutrition Exhibition related to Diabetes – for general public. attending the workshop 2. Imparted Nutritional Counselling to the visitors. 3. Solved Nutritional Queries of the visitors. 4. Coordinated with Dr. Anjali Rajwade Prof. & HOD Home Science in delivering the Guest Lecture "लढा मधुमेहाशी" through PPT. 2) The Achievements – a) For Students – i. Community Service done ii. Practical Extension activating performed iii. Counselling Training obtained iv. Skill Development achieved v. Boost to Self Employment Potential b) For General Public / Visitors – i. Awareness about role of nutrition in Diabetes ii. Encouragement for Self involvement in DM Control individually. iii. Queries Solved to their satisfaction & Conviction iv. Myths & Misconceptions removed. c) For the College & University – 1. Active participation of Academia in Social health empowerment and upliftment 2. Establishment of collaboration between Academia & NGOs / Social Organizations | 1. Vrunda Bhagat (M.Sc. II) 2. Zeenat Khan (M.Sc. II) 3. Monali Chavan (M.Sc. II) 4. Sonali Kame (M.Sc. II) 5. Sonali Dhote (M.Sc. I) 6. Madhuri Wadher (B.Sc. III) 7. Komal Bharadwaz (B.Sc. II) 8. Priya Sharma (M.Sc. I) 9. Hema Kakde (M.Sc. I) 10. Ritika Tayde (M.Sc. I) 11. Kiran Zade (M.Sc. I) 12. Naina Turkar (M.Sc. I) 13. Neha Jaiswal (M.Sc. I) 14. Rupali Deshmukh (M.Sc. I) 15. Harshda Deshpande (M.Sc. I) | Attachments Along with 1. Certificates – 14 2. Photographs – 05 3. News Paper Report 02 | Social & career oriented achievement of Home Science Students |

Name :- Dr. Devendra N. Vyas (Principal)

Mobile No. :- 9423129696

Email Id :- rdgcollegeakola@gmail.com



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Guidelines for Presentation
 Poster presentation
 Poster will be display in exhibition area. The standard poster size is 3'x4'
 Oral Presentation (Selected from submitted abstract)
 Duration of presentation is 8-10 minutes in each technical session.

Important Dates
 Last Date for Full Paper Submission is 5th January 2018
 Last Date of Registration is 10th January, 2018

Registration fees without Accommodation
 Registration fees includes only study material and working lunch in conference days. The Registration fees is non refundable. Registration will be accepted according to availability.

| Registration Details | | |
|--|--------------------------------------|-------------------------------------|
| Category | Before 15 th January 2018 | After 15 th January 2018 |
| Corporate Sponsorship | 30,000 | 35,000 |
| Industrial Delegates / Scientist | 5,000 | 5,500 |
| Institutional Delegates / Scientist | 4,000 | 4,500 |
| Teachers / Academicians | 2,000 | 2,500 |
| Research Scholar / Students / Individual | 1,500 | 2,000 |

Mode of payment : Registration fees by Cash or Demand Draft (DD) drawn in favor of 'PRATIBHA SHAKTI' Nagpur, payable at SBI Nagpur.

Bank Account Details

| Bank Name | Bank Branch | Account Number | IFS CODE |
|---------------------|----------------------------|----------------|-------------|
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| | | |
|---|--|---|
| Mrs. Sudha Tiwari Chairperson | Dr. Arti Saoji Convener | Dr. Arti Shanware Co-Convener |
| Mrs. Varsha Tatwawadi Dr. Shubhangi Pingle Organizing Secretary | Adv. Smita Deshpande Mrs. Aruna Jawade Joint Secretary | Mrs. Sandhya Dani Treasurer Dr. Aruna Hardas Joint Treasurer |


For Further Queries Please Contact

| | | | | |
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| 9975055418 | 9922337816 | 9823018963 | 9960340692 | 9766497212 |


Email: ncoh2018@gmail.com / ncct2017@gmail.com


National Conference
on
*Occupational Health Hazards & its
Holistic Management*
 20th-21st January, 2018
 Organized by


"PRATIBHA SHAKTI", Nagpur



In Collaboration with


 National Institute of Miners' Health
Nagpur


 Rajiv Gandhi Biotechnology Centre
 IIT Campus, R.T.M. Nagpur University,
Nagpur

Venue for Conference
National Institute of Miners' Health
 JNARDDC Campus, Opposite Wadi Police Station, Amravati Road, Wadi,
 Nagpur-440023, (MS), India. Ph. No. (07104) 224494/95,
 Tel Fax: (07104) 224121, Website: www.nimb.gov.in

Dr. Rajwade-Resource Person at National Seminar, Nagpur on Health Hazards

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities

National Conference on
"Occupational Health Hazards & its Holistic Management"
 20th – 21st January, 2018

Programme Schedule

| 20 th January, 2018 | | | |
|--------------------------------|---|--|--|
| 8.30 AM – 9.30 AM | Registration | | |
| 9.30 AM – 11.00 AM | Inauguration | | |
| | Welcome Address | : Dr. Shubhangi Pingle, Organizing Secretary, Assistant Director, NIMH, Nagpur | |
| | About Conference | : Dr. Aarti Saoji, Convener, Ex Director, National Institute of Sciences, Nagpur | |
| | About the Pratibha Shakti | : Mrs. Varsha Tatwawadi, Organizing Secretary, Pratibha Shakti, Nagpur | |
| | Presidential Address | : Mrs. Sudha Tiwari, Chair person, Pratibha Shakti | |
| | Chief Guest | : Mrs. Nanda Jichkar Mayor Municipal Corporation, Nagpur | |
| | Guest of Honor | : Dr. P. G. Yeole Pro Vice- Chancellor Rashttrasant Tukdoji Maharaj Nagpur University, Nagpur | |
| | Vote of Thanks | : Dr. Arti Shanware, Co-Convener, HOD, RGBC, RTMNU, Nagpur | |
| | Group photograph followed by High Tea | | |
| 11.00 AM- 11.30 AM | Plenary Session: Overview on Occupational Health Hazards | | |
| 11.30 AM – 12:00PM | Dr. Vibhawari Dani | | |
| | Ex-Dean, Govt. Medical College, Nagpur; President Zonal Transplant Co-ordination Centre, Nagpur | | |
| 12.00 PM – 01.00PM | Technical Session I: Globalization of occupations and Occupational health (Invited Speakers) | | |
| 12.00 PM – 12.30 PM | Occupational Health Hazards in Women | Dr. Nilima Tankhiwale | Chairman: Dr. G. B. Shinde Ex-Head Department of Biochemistry |
| | | Ex Prof. Dept. of Microbiology & HOD, Jawaharlal Nehru Medical College, Wardha, MH | |

| | | | |
|---------------------|--|--|--|
| 12.30PM - 01.00PM | Evaluation of Biomarkers for early detection of NIHL in the Mine Workers | Dr. Shubhangi Pingle Head Department of Biochemistry, Assistant Director, NIMH, Nagpur | R.T.M. Nagpur University, Nagpur Dr. M. B. Patil Head Department of Biochemistry R.T.M. Nagpur University, Nagpur |
| 01.00PM – 01.30PM | Lunch Break | | |
| 01.30 PM – 02.30 PM | Technical Session II: Industrial hygiene, Public and mental health, Safety and Quality management (Invited speakers) | | |
| 01.30PM- 02.00PM | Holistic Management of Occupational Health Hazards - Nutritionist's Perspective | Dr. Anjali Ashok Rajwade Prof. and HOD Home Science, Akola, MH | Chairman: Dr. Jayshree Pendarkar Department of Dietetics and Obesity CIIMS Hospital, Nagpur |
| 02.00PM- 02.30PM | Noise mapping, Vibration and dust monitoring at workplaces | Mr. Nikhil Kulkarni Research Officer, NIMH, Nagpur, MH | Dr. Shubhngi Pingle HOD Biochemistry Department & Assistant Director NIMH, Nagpur |
| 02.30PM – 03:30PM | Inauguration of Poster Session | | |
| 03.30PM- 03.45PM | Tea Break | | |
| 03.45PM- 04.45PM | Technical Session III: Occupational Diseases (Invited Speakers) | | |
| 03.45PM – 04.15PM | Occupational health hazards of unnoticed leptospirosis | Dr. N. Prabhu Associate Professor Chennai Medical College Hospital and Research Centre (SRM Group) Irungulur, Tiruchirapalli, India | Chairman: Dr. Sandeep Chaudari Associate Professor, Department of Veterinary Public Health & Epidemiology, |

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities

**आर.डी.जी.महिला महाविद्यालय गृहविज्ञान विभागाद्वारे
बालविकास समुपदेशन**

अकोला दि.४ येथील श्रीमती राधादेवी गोयनका महिला महाविद्यालयातील गृहविज्ञान विभाग प्रमुख व सहयोगी प्राध्यापकांनी बुलढाणा जिल्ह्यातील साखळी येथील नंदनवन परिवारातील विद्यार्थ्यांना दि ४ ऑगस्ट २०१८ रोजी बालविकास समुपदेशन केले.

नंदनवन परिवार ही छत्रछाया हयूमन डेव्हलपमेंट फाऊंडेशन द्वारा संचालित उपेक्षित , अनाथ, गरजू व होतकरू मुलांसाठी चालवली जाणारी संस्था असून, तेथे संपूर्णपणे निसर्गाच्या सान्निध्यात विद्यार्थी अध्ययन करतात. या संस्थेतील मुलांना आर.डी.जी. म. महाविद्यालयातील गृहविज्ञान विभाग प्रमुख डॉ.सौ. अंजली राजवाडे तथा सहयोगी प्राध्यापिका प्रा.सोनल कामे, प्रा. वृंदा भगत ,प्रा. मोनाली चव्हाण यांनी प्रत्यक्ष भेट देऊन मोलाचे मार्गदर्शन केले. या अंतर्गत आहाराबाबत योग्य माहिती ,स्वच्छता, आरोग्याविषयी काळजी व जागरूकता , व्यायामाचे महत्व सांगून त्यांचे अभ्यासावर कसे सकारात्मक परिणाम होतात, हे सोदाहरण स्पष्ट केले. या करिता सचित्र पोस्टर्स त्यांना दाखवून विषय स्पष्ट समजावून सांगितले तसेच विद्यार्थ्यांना बिस्कीट व शेंगदाणा चिककीचे वितरण केले. गृहविज्ञानाच्या ज्ञानाची माहिती व त्याला प्रत्यक्ष जीवनात कृतीमध्ये आणणे हे दोन्ही हेतू बालविकास समुपदेशनातून साध्य झाले. विद्यार्थ्यांनी उत्साहाने प्रश्नोत्तरांत व चर्चेत भाग घेतला.

अजय दाखे व

या समुपदेशनात भेटिला नंदनवन परिवारातील सदस्यांनी मोलाचे सहकार्य केले. समुपदेशनाचा उपक्रम संस्थाध्यक्ष श्री. दिलीपराजजी गोयनका यांच्या प्रोत्साहनाने व प्राचार्य डॉ. देवेंद्र व्यास यांच्या प्रेरणेने घेण्यात आला.

Extension Activity-Home Science Dept-Orphanage, Buldana –Nutrition Education

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities



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Extension Activity-Home Science Dept-Orphanage, Buldana –Nutrition Education

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities

2018-2019



Dr.Rajwade –Resource Person-MSEB Paras



CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities

2019-2020



Dr.Rajwade –Resource Person-Matru Seva Sangh,Akola

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities



Paramedicon-Exhibition and Counseling about Diabetes by Home Science Dept.



CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
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CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities



Dr.Rajwade Judge- Faction Show



CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
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Government of Maharashtra
GOVT. VIDARBHA INSTITUTE OF SCIENCE AND HUMANITIES,
AMRAVATI
(NAAC REACCREDITED "A GRADE" WITH 3.32 CGPA)
DEPARTMENT OF HOME SCIENCE

NATIONAL e-WORKSHOP
on
Diet & Nutrition Counseling
& Competition on
My Meal of the Day During
COVID-19
20th - 21th May, 2020



Work shop on Diet and Nutrition counseling is the attainment of the optimum level of health during lockdown to fight against COVID-19.

Dr.Rajwade Judge and Resource Person in National Workshop

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities

To understand more about diet, nutrition and immunity. We have expert dietitian & nutritionists.

My Meal of the Day during COVID-19

Nutrition counseling & guidance

20 May 2.00to3.00pm



Dr. Suneeta Chandorkar
Department of Food and Nutrition
The Maharaja Sayaji Rao University of Baroda

21st May 2.00 to 3.00pm



Meghana Kumare
Dietitian & Nutritionist
Nagpur

MSc in food science and Nutrition,
PG Diploma in Dietetics, ISSA
California, INFS(squats), Nutrigenomic
Counselor. 17 years of experience.
Received best Dietitian awards 2017

21st May 3.30 to 4.00pm



Dr Anjali Rajwade
Professor & HOD Home Science
Smt. RDG College for Women,
Akola

Ask your questions, they will answer them in live sessions. 3.00 to 3.30 pm.



Dr.Rajwade Judge and Resource Person in National Workshop

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION

Metric: 3.4.2-Awards and Recognitions received for extension activities

MY MEAL OF THE DAY DURING COVID-19

The COVID-19 called corona virus pandemic is causing a lot of changes in lifestyle across the globe. Most of us have several areas of concern. Good nutrition is fundamental to improving immunity where, Department of Home Science GVISH is providing platform for one and all especially for homemakers who need to figure out a healthy meal plan for family. My Meal of the Day Competition is an opportunity to participate and express their talent and skill to safe-guard health of the family.

TERMS AND CONDITIONS OF THE COMPETITION-

INSTRUCTIONS FOR THE PARTICIPANTS

- Registration is compulsory on given link.
- Download WebEx app and join webinar by given link.
- Participants of the competition should upload meal plan along with pictures on or before 18/05/2020
- Meal plan should not exceed 1000 words.

Registration link

<https://forms.gle/s8oXPTpXof5K714r9>

Upload link

<https://forms.gle/ZQc4MHC5jLq3tixt8>

Feedback link

<https://forms.gle/3uXPtv3MQFovHf8s7>

- Free Online Registration is compulsory before Dt. 18/05/2020.
- Meal plan should be for the whole day.
- Preferably each meal should consist of all the five food group. (for very young children and patients number of meals can be more)
- Meal plan must meet maximum nutrients with variety.
- Meal plan should consider availability of food during lockdown situation.
- Meal plan should focus on immunity boosting (health) foods.
- Innovation and value addition will be given preference.
- Selection of proper cooking methods to avoid loss of nutrients.

Links for download ciscoWebEx App



For iphone users

<https://apps.apple.com/in/app/cisco-webex-meetings/id298844386>

For android users

<https://play.google.com/store/apps/details?id=com.cisco.webex.meetings>

- ❖ Result of the competition will be declared on 21/05/2020 at the end of the session.
- ❖ To generate the e-certificates participants should submit feedback forms from 22/05/2020, 9.30 am till 23/05/2020, 6.00pm
- ❖ Winner, 1st runner up and 2nd runner up will be rewarded with cash prize of Rs. 1000, Rs. 700 & Rs 500 respectively.

Dr.Rajwade Judge and Resource Person in National Workshop

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
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Patron

Dr. Vasant Helavi Reddy

Director

Govt. Vidarbha Institute of Science and Humanities,
Amravati

Convener

Dr. Anjali Deshmukh

Head Department of Home Science
GVISH, Amravati

IQAC Coordinator

Dr. Satish N. Malode

Head Department of Botany
GVISH, Amravati.



Organizing committee



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Dr. Rajwade Judge and Resource Person in National Workshop

CRITERION III: RESEARCH, INNOVATIONS AND EXTENSION
Metric: 3.4.2-Awards and Recognitions received for extension activities



Dr,Rajwade- Recipient of Urjita Award for Best Lecturer